



Empowering your Intuition weekend.

Sat 14th and Sun 15th September 2013

10.30am till 3.30pm both days.

This is an exciting and intensive weekend for those who would like to align and work consciously with their intuition.

Why? You may ask, well I have found with both myself, friends, clients and others in the field that those who have a strong sense of their inner knowing and guidance; 'get to' have a much more centred and calmer way to address the 'issues' that come up for them. They seem to be able to find their 'lessons' earlier and quicker along the path. They get to step forward and embrace the changes because they 'know' which way to turn. They become much more self-referenced, meaning the answers come to them easier by way of their own volition.

What we will be doing is playing a few games that will both train our insight ability and allow us to get to know what we are holding onto so we can chose to let that go and move forward. This is the intensive bit. Looking within and seeing what we see, feeling what we feel, knowing what we know and questioning everything that we have asked. While being open and honest with ourselves to the point of wisdom from the knowledge we have gained and the lessons we have learnt.

There will be exercises and energy work along the way with detailed explanations of what is occurring and why. I like to work with both our unconscious and conscious behaviours so our Spirit can fly within us. Thus putting us back in the position of our own power. Then we can learn and know where to go to from here.

Here are a couple of questions to ponder about your own intuition.

What would you do different if your intuition was 'tuned in'?

Where does your intuition sit?

How does this help me?

How does it work?

Where does my intuition come from?

Bookings are essential as places are limited
If you are keen I will send you a booking form.

Costs are \$185 for the 2 days, a light lunch and refreshments are provided.
If you want or need specific dietary requirements just bring along what you want. Alcohol is a no for this course.

Please wear comfortable clothes and maybe bring a blanket or shawl if you want.
If you are a prolific note taker, a note book and pen.

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